

## **Pitching Regulations Cal Ripken**

AGE	DAILY MAX (PITCHES IN GAME/DAY	REST PERIOD		
		0 Days	1 Days	2 Days
7-8	50	1-20	21-35	36+
9-10	75	1-40	41-65	66+
11-12	85	1-40	41-65	66+
13-15	95	1-45	46-75	76+
16-18	105	1-45	46-75	76+

- No pitcher may pitch 3 days in a rowHome team keeps official pitch count and umpire records at each pitching change
- \* Team making the pitching change should inform umpire